



Stéphane Charlot

- + STRESS MANAGEMENT
- + LEADERSHIP
- + CRISIS MANAGEMENT

After graduating from the Ecole Nationale Supérieure des Officiers de Police (National School for Police Officers), Stéphane Kato held several different positions in the National Police Force.

During his career he has alternated between operational missions and management as deputy head of the RAID's intervention group and as Captain of the Antiterrorist Section for the Intelligence Department.

He has acquired solid experience in managing elite units from working this kind of job in a high-pressured environment. He manages exceptional teams; carrying out sensitive operations on the field (madmen, interrogation, hostage-taking), or organising training in different fields (shooting, acts of terrorism, mass killings), where excellence and rigorous requirements are the guarantors of performance.

He simultaneously designs and supervises the exams for selecting new recruits and provides training for foreign units in tactics and mental preparation. In 2015 he specialised in the Optimisation of Potential field and obtained the Military E.I.S. certificate.

He also participated in numerous foreign missions as Mission Leader. This experience has gifted him with acuity on the subjects of international threats and menaces as well as the different foundations that exist to prepare for and manage this kind of situation: mental preparation, team commitment and striving for excellence in performance.

In 2018, he became a member of ADN Group and works with businesses on the subjects of leadership, mental preparation, stress management and crisis management.